

Fevered

Sleep



In March, shortly after we went into 'lockdown' in the UK, we did a callout for young people and children to tell us whatever they wanted in response to the Coronavirus pandemic. We've dedicated [a page](#) on our website to the responses we've had so far from all over the world, and people are reading and watching and listening to what you have to say.

So, if you haven't responded, we'd love you to hear from you, and if you already sent something in, we're really interested to hear more, or maybe what's changed, or anything else you have to say.

We're genuinely interested to know the thoughts and feelings of young people in the UK and beyond as they find themselves living in a strange new world. We're not looking for a particular answer, and we want the space on our website to reflect the diversity of experiences and lives of all sorts of children and young people from everywhere.

Here's the task: ***Tell us what you're thinking in this Coronavirus pandemic, or maybe what you're feeling, or what you're doing, or perhaps how you're being affected - it's up to you to decide how to respond. You can say whatever you want; all responses, thoughts, feelings and emotions are welcome.***

Please keep the response to one side of A4 paper. It can be handwritten piece, or typed, or a drawing. Take a photo of the response and send it to artisticdirectors@feveredsleep.co.uk, adding a name, age and location (e.g. Nasreen, aged 13, Birmingham).

The response could also be an audio recording or a video of up to 1 minute. If it's a video, please shoot it in landscape (wide rather than long) format.

If the contributor is under 18 any videos or audio recordings must be sent to us by a parent or legal guardian, who by sending it give their permission for us to upload it to our website.

Thank you for taking part. We really believe the voices of children and young people are important at this time.